

Let's see what's for lunch...

Week 1

Monday

Main Meals

Baked Chicken & Beef Sausages with Crushed Potatoes & Gravy
Pasta with Tomato & Basil Sauce

Served With

Baked Beans & Peas
Dessert
Fresh Fruit or Yoghurt

Tuesday

Main Meals

Beef & Bean Chilli with Steamed Rice
Vegan Bean Chilli with Steamed Rice

Served With

Sweetcorn & Broccoli
Dessert
Fresh Fruit or Yoghurt

Sandwiches

Egg Mayonnaise Sandwich
Cheese Sandwich

Wednesday

Main Meals

Roast Chicken Fillets with Gravy
Pasta with Tomato & Basil Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots
Dessert
Fresh Fruit or Yoghurt

Thursday

Main Meals

Cajun Chicken with Wraps & Spiced Wedges
Jacket Potato with Cheddar Cheese

Served With

Cauliflower & Roasted Carrots
Dessert
Fresh Fruit or Yoghurt

Sandwiches

Egg Mayonnaise Sandwich
Cheese Sandwich

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Vegan Vegetable Fingers, Chips & Ketchup

Served With

Baked Beans & Peas
Dessert
Fruit Jelly

Freshly Baked Bread:

Tomato & Rosemary Bread or Wholemeal Bread

Week 1: 2nd Jun, 23rd Jun, 14th Jul, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov, 24th Nov, 15th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly

Week 2

Monday

Main Meals

Beef Bolognaise & Penne Pasta Bake
Vegan Bolognaise with Spaghetti

Served With

Cauliflower & Green Beans
Dessert
Fresh Fruit or Yoghurt

Tuesday

Main Meals

Chilli Beef Tacos with Cajun Sweet Potato Wedges
Pasta with Squash & Tomato Sauce
Sandwiches
Egg Mayonnaise Sandwich
Cheese Sandwich

Served With

Carrots & Peas
Dessert
Fresh Fruit or Yoghurt

Wednesday

Main Meals

Roast Turkey with Gravy
Pasta with Squash & Tomato Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots
Dessert
Fresh Fruit or Yoghurt

Thursday

Main Meals

Chicken & Sweetcorn Meatball in a Roll with Spiced Wedges
Jacket Potato with Cheddar Cheese
Sandwiches
Egg Mayonnaise Sandwich
Cheese Sandwich

Served With

Broccoli & Sweetcorn
Dessert
Fresh Fruit or Yoghurt

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Pasta with Squash & Tomato Sauce

Served With

Baked Beans & Peas
Dessert
Vanilla Ice Cream

Freshly Baked Bread:

Beetroot & Herb or Wholemeal Bread

Week 2: 9th Jun, 30th Jun, 21st Jul, 8th Sept, 29th Sept, 20th Oct, 10th Nov, 1st Dec, 22nd Dec

Week 3

Monday

Main Meals

Margherita Pizza with Baked Wedges
Pasta with Tomato & Vegetable Sauce

Served With

Classic Coleslaw & Sweetcorn
Dessert
Fresh Fruit or Yoghurt

Tuesday

Main Meals

Sticky Soy Vegetable & Beef Stirfry with Steamed Rice
Jacket Potato with Baked Beans
Sandwiches
Egg Mayonnaise Sandwich
Cheese Sandwich

Served With

Broccoli & Cauliflower
Dessert
Fresh Fruit or Yoghurt

Wednesday

Main Meals

Slow Roast Beef & Root Vegetables with Gravy
Wholewheat Pasta with Tomato & Vegetable Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots
Dessert
Fresh Fruit or Yoghurt

Thursday

Main Meals

Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta
Jacket Potato with Salmon Mayonnaise or Baked Beans

Served With

Cauliflower & Roasted Carrots
Dessert
Fresh Fruit or Yoghurt

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Mexican Roasted Vegetable & Bean Quesadilla

Served With

Baked Beans & Peas
Dessert
Chocolate & Courgette Rice Krispie Cake

Freshly Baked Bread:

Pesto & Garlic Bread or Wholemeal Bread

Week 3: 16th Jun, 7th Jul, 28th Jul, 15th Sept, 6th Oct, 27th Oct, 17th Nov, 8th Dec

