

# Let's see what's for lunch...

Week 1

Monday

**Main Meals**

Beef Bolognese with Spaghetti  
Vegan Bolognese with Spaghetti

**Served With**

Peas & Broccoli

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Tuesday

**Main Meals**

BBQ Chicken Pizza with Baked Wedges  
Margherita Pizza with Baked Wedges

**Served With**

Carrots & Sweetcorn

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Wednesday

**Main Meals**

Roast Chicken with Roast Potatoes & Gravy  
Squash & Lentil Lasagne

**Served With**

Seasonal Greens & Cauliflower

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Thursday

**Main Meals**

Chilli Con Carne with Steamed Rice  
Pasta & Tomato Sauce

**Served With**

Broccoli & Carrots

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Friday

**Main Meals**

Breaded Fish Fingers with Chips & Ketchup  
Vegan Goujons with Chips & Ketchup

**Served With**

Peas & Baked Beans

**Dessert**

Banana Flapjack

**Freshly Baked Bread:**

Carrot & Beetroot or Wholemeal Bread

**Week 1:**

1<sup>st</sup> January, 22<sup>nd</sup> January, 12<sup>th</sup> February, 4<sup>th</sup> March, 25<sup>th</sup> March, 15<sup>th</sup> April, 6<sup>th</sup> May

**Pabulum Salad Bar**

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:  
Fresh Fruit, Yoghurt or Jelly

Week 2

Monday

**Main Meals**

Chicken & Beef Sausage with Mashed Potato & Gravy  
Vegan Sausage with Mashed Potato & Gravy

**Served With**

Sweetcorn & Baked Beans

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Tuesday

**Main Meals**

Chicken & Sweetcorn Pasta  
Baked Jackets with Grated Cheese or Salmon Mayonnaise

**Served With**

Carrots & Broccoli

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Wednesday

**Main Meals**

Roast Turkey with Roast Potatoes & Gravy  
Wholewheat Pasta & Tomato Sauce

**Served With**

Seasonal Greens & Peas

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Thursday

**Main Meals**

Beef Keema with Turmeric Rice  
Vegan Layered Vegetable & Sweet Potato Bake

**Served With**

Carrots & Sweetcorn

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Friday

**Main Meals**

Breaded Fish Fingers with Chips & Ketchup  
Vegan Fajita Wrap with Chips & Ketchup

**Served With**

Peas & Baked Beans

**Dessert**

Lemon Drizzle Sponge

**Freshly Baked Bread:**

Garlic & Herb or Wholemeal Bread

**Week 2:**

8<sup>th</sup> January, 29<sup>th</sup> January, 19<sup>th</sup> February, 11<sup>th</sup> March, 1<sup>st</sup> April, 22<sup>nd</sup> April, 13<sup>th</sup> May

Week 3

Monday

**Main Meals**

Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne  
Vegan Roasted Ratatouille with Penne

**Served With**

Carrots & Broccoli

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Tuesday

**Main Meals**

Fajita Spiced Turkey & Vegetables with Steamed Rice  
Pasta & Tomato Sauce

**Served With**

Sweetcorn & Coleslaw

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Wednesday

**Main Meals**

Herby Roast Chicken with Roast Potatoes & Gravy  
3 Vegetable Mac n' Cheese

**Served With**

Seasonal Greens & Broccoli

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Thursday

**Main Meals**

Traditional Beef Lasagne  
Vegan Chickpea & Spinach Korma with Steamed Rice

**Served With**

Cauliflower & Carrots

**Dessert**

Fresh Fruit, Yoghurt or Jelly

Friday

**Main Meals**

Breaded Fish Fingers with Chips & Ketchup  
Vegan Bubble & Squeak with Chips & Ketchup

**Served With**

Peas & Baked Beans

**Dessert**

Apple & Parsnip Cake

**Freshly Baked Bread:**

Courgette & Tomato or Wholemeal Bread

**Week 3:**

15<sup>th</sup> January, 5<sup>th</sup> February, 26<sup>th</sup> February, 18<sup>th</sup> March, 8<sup>th</sup> April, 29<sup>th</sup> April, 20<sup>th</sup> May



BM2 Hogarth  
Jan 2024

All products are subject to availability

**pabulummm**  
HONESTLY GOOD FOOD