

Let's see what's for lunch...

Week 1

Monday	Main Meals BBQ Chicken Pizza (G,SO,MK,e) with Baked Jacket Wedges	Served with Sweetcorn Ve
	Margherita Pizza (G,SO,MK,e) with Baked Jacket Wedges V	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Tuesday	Main Meals Beef Bolognese (C) with Spaghetti (G)	Served with Peas Ve
	Vegan Bolognese (SO,g) with Spaghetti (G) Ve	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Wednesday	Main Meals Roast Chicken with Roast Potatoes & Gravy	Served with Seasonal Greens Ve
	Macaroni & Cheese (G,MK) V	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Thursday	Main Meals Chicken Fajita Wrap (G)	Served with Steamed Carrots Ve
	Pasta (G) with Roasted Tomato & Basil Sauce Ve	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Friday	Main Meals Breaded Fish Fingers (G,F)	Served with Chips & Baked Beans Ve
	Vegetable & Bean Chimichangas (G,MK,C) V	Dessert Chocolate & Courgette Sponge (G,E) V
Freshly Baked Bread: Pesto Bread (G,SO,MK,e) V Wholemeal Bread (G,SO,MK,e) V		

Week 1:
28th August, 18th September, 9th October, 30th October, 20th November, 11th December

Pabulum Salad Bar
Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day
Fresh Fruit **Ve**, Yoghurt (SO,MK) **V** or Jelly **Ve**

Week 2

Monday	Main Meals Beef Burger in a Bun (G,se) with Baked Jacket Wedges	Served with Carrot Sticks Ve
	Vegetable Burger in a Bun (G,se) with Baked Jacket Wedges Ve	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Tuesday	Main Meals Beef Lasagne (G,MK,e)	Served with Sweetcorn Ve
	Jacket Potato with Cheese (MK) V	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Wednesday	Main Meals Lemon & Thyme Roast Chicken with Roast Potatoes & Gravy	Served with Pan Fried Leeks Ve
	Ratatouille Pasta Bake (G) Ve	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Thursday	Main Meals Chicken Tikka Masala (MU) & Rice	Served with Broccoli Ve
	Pasta (G) with Tomato & Vegetable Sauce (g) Ve	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Friday	Main Meals Breaded Fish Fingers (G,F)	Served with Chips & Baked Beans Ve
	Spiced Squash & Spinach Samosa (G) Ve	Dessert Apple Crumble (G) Ve with Custard (MK) V
Freshly Baked Bread: Tomato & Herb Bread (G,SO,MK,e) V Wholemeal Bread (G,SO,MK,e) V		

Week 2:
4th September, 25th September, 16th October, 6th November, 27th November, 18th December



Made Fresh Every Day
All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.

Week 3

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

Monday	Main Meals Chicken and Beef Sausages with Mashed Potato & Gravy	Served with Peas Ve
	Vegan Sausages (G) with Mashed Potato & Gravy Ve	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Tuesday	Main Meals Beef Chilli (C,g) with Steamed Rice	Served with Steamed Carrots Ve
	Vegetable Chilli (SO,C,g) with Steamed Rice Ve	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Wednesday	Main Meals Sticky Glazed Chicken	Served with Spicy Potato Wedges Ve & Coleslaw (E) V
	Pasta (G) with Tomato & Basil Sauce (g) Ve	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Thursday	Main Meals Creamy Pesto Chicken (G,MK) with Fusilli Pasta (G)	Served with Pan Fried Leeks Ve
	Jacket Potato with Baked Beans Ve	Dessert Fresh Fruit Ve , Yoghurt (SO,MK) V or Jelly Ve
Friday	Main Meals Breaded Fish Fingers (G,F)	Served with Chips & Baked Beans Ve
	Pasta (G) with Tomato & Lentil Sauce (C,g) Ve	Dessert Apple & Carrot Flapjack (G) Ve
Freshly Baked Bread: Garlic & Rosemary Bread (G,SO,MK,e) V Wholemeal Bread (G,SO,MK,e) V		

Week 3:
11th September, 2nd October, 23rd October, 13th November, 4th December

Allergen Key -
CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

BM2 Hogarth
Sept 2023

All products are subject to availability